

TALULAS

SWEET · SAVORY · SIMPLE

daily

Full Menu Available for Call-Ahead Curbside Pick Up, or Delivery Via Doordash, Caviar, and UberEats

208 West Washington Sq.
Philadelphia, PA 19106
215.592.6555

SANDWICHES

Italian Deluxe \$9

Soppressata, Pepperoni, Pistachio Mortadella, Provolone, Red Onion, Arugula, Red Wine Vinaigrette

Healthy Turkey \$8.5

Souderton Turkey, Crunchy Apple Slaw, Swiss Cheese, Dijonaise

Ham & Brie \$9

Leidy's Ham, French Brie, Lettuce, Fruit Mostarda, Croissant

Spicy Ranch Chicken \$9

Natural Chicken, Chipotle Ranch, Pickled Red Onion, Pepper Jack Cheese, Romaine

Chicken Salad \$9

Roasted Chicken, Grapes, Onion, Celery, Pecan, Dijonaise, Multi-Grain Ciabatta

Tuna Salad \$9

Tuna, Bell Peppers, Melted Onions, Celery, Mayo, Dill, Swiss Cheese, Tomato, Romaine

Hummus & Veggie Wrap \$8

Roasted Garlic Hummus, Grilled Red Peppers & Zucchini & Eggplant, Spinach, Tortilla Wrap

Chicken Caesar Wrap \$9

Roasted Chicken, Romaine, Tomato, Shaved Red Onion, Crouton, Parmesan, Caesar Dressing

Roast Beef & Cheddar \$10

Roasted Beef, Cheddar, Romaine, Tomato, Horseradish, Caramelized Onion Mayo

SALADS

Caesar \$8

Romaine, Parmesan, Torn Croutons, Cherry Tomatoes, Caesar Dressing
With Chicken \$11 Salmon \$13

Southwest Veggie \$10

Corn, Black Bean, Cherry Tomato, Romaine, Tortilla Crisps, Pepperjack, Chipotle Dressing
With Chicken \$12

Turkey Cheddar \$12

Turkey, Cheddar, Pepitas, Mixed Greens, Plump Dried Fruit, Green Goddess Dressing (Gluten Free)

Superfood \$13

Kale, Napa Cabbage, Quinoa, Blueberry, Almond, Pomegranate Dressing (Vegan, Gluten Free)

Mediterranean \$13

Bulgur, Chickpea, Cucumber, Olive, Pepperoncini, Red Onion, Romaine, Feta, Tahini Dressing

Beet & Goat Cheese \$12

Roasted Beets, Fresh Chevre, Candied Pecan, Orchard Pear, Mixed Greens, Pecan-Honey Mustard Dressing (Gluten Free)

Chicken Salad & Tender Greens \$12

Roasted Chicken, Grapes, Pecans, Mixed Greens, Pecan-Honey Mustard Dressing

Farm \$13

Natural Chicken, Leidy's Bacon, Blue Cheese, Carrot, Hard Boiled Egg, Orchard Apples, Country Ranch Dressing (Gluten Free)

Salmon Miso \$15

Roasted Scottish Salmon, Kale, Napa Cabbage, Quinoa, Edamame, Radish, Carrot, Cilantro, Lime, Spicy Miso Vinaigrette

Harvest Salad \$12

Squash, Apples, Pumpkin Seeds, Cranberries, Smoked Gouda, Farro, Cider-Maple Vinaigrette (Gluten Free)

ENTREES

Chicken Enchiladas \$14

Shredded Chicken, Queso Fresco, Cilantro

Salmon Farro \$16

Roasted Salmon, Farro, Butternut Squash, Dried Cranberry, Brussel Sprouts, Apple, Pepitas, Chives, Maple-Cider Vinaigrette

Chicken Tenders \$9

Breaded Boneless Natural Chicken, Malt Vinegar Aioli

Mushroom Risotto \$13

Local Mushroom, Herbs, Parmesan

Mac and Cheese \$8

Blend of Raclette, Cheddar, and Swiss topped with Bread Crumbs

Orecchiette Bolognese \$16

Orecchiette Pasta, Pork & Beef, Red Wine, Herbs

Soba Noodle & Vegetable Salad \$15

Kale, Cashews, Cucumber, Bell Pepper, Sesame-Ginger Vinaigrette (Vegan)

SIDES

Brussels & Bacon \$7

Beet Salad \$8

Fall Farro Salad \$8

Turmeric Cauliflower and Quinoa \$8

House Made Hummus \$7

Curried Chickpea Salad \$7

Creamy Pesto Spaghetti Squash \$10

Chicken Salad \$7.5

Tuna Salad \$7

CHEESE BOARDS

Personal Picnic \$12

Medium (to Share)* \$25

*Please Call Ahead

SOUPS \$8

Roasted Tomato Soup

Curried Lentil Soup

Mushroom Soup

Old-Fashioned Hearty Chicken Noodle

GROCERY

Coffee - La Colombe

Box of Tea - Two Leaves and a Bud

Dry Pasta

Crackers

Jams & Accoutrements

Let us know - we can help!

PASTRY SPECIALTIES

Baguettes \$4

Croissants \$3.5

Scones \$3

(Blueberry, Healthy Start, Lemon Ginger, Daily Special)

Zucchini Bread - Ultimate & Classic \$3.5/\$3

Rotating Daily Pastry Specials \$3 - \$8

Coconut Rice Pudding (Vegan, Gluten Free) \$7

Chocolate Pudding Cake (Gluten Free) \$5

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness especially if you have certain medical conditions. 111021