

# TALULAS

SWEET · SAVORY · SIMPLE

## daily

Full Menu Available for Call-Ahead Curbside Pick Up, or Delivery Via Doordash, Caviar, and UberEats

208 West Washington Sq.  
Philadelphia, PA 19106  
215.592.6555

### SANDWICHES

#### Italian Deluxe \$10

Soppresata, Pepparoni, Pistachio Mortadella, Provolone, Red Onion, Arugula, Red Wine Vinaigrette

#### Healthy Turkey \$9

Souderton Turkey, Crunchy Apple Slaw, Swiss Cheese, Dijonaise

#### Ham & Brie \$9

Leidy's Ham, French Brie, Lettuce, Fruit Mostarda, Croissant

#### Spicy Ranch Chicken \$9

Natural Chicken, Chipotle Ranch, Pickled Red Onion, Pepper Jack Cheese, Romaine

#### Chicken Salad \$9

Roasted Chicken, Grapes, Onion, Celery, Pecan, Dijonaise, Multi-Grain Ciabatta

#### Tuna Salad \$9

Tuna, Bell Peppers, Melted Onions, Celery, Mayo, Dill, Swiss Cheese, Tomato, Romaine

#### California Club Wrap \$10

Turkey, Bacon, Avocado, Lettuce, Tomato, Piquillo Mayo, Tortilla

#### Hummus & Veggie Wrap \$9

Roasted Garlic Hummus, Grilled Red Peppers & Zucchini & Eggplant, Spinach, Tortilla Wrap (Vegan)

#### Chicken Caesar Wrap \$9

Roasted Chicken, Romaine, Tomato, Shaved Red Onion, Crouton, Parmesan, Caesar Dressing

#### Roast Beef & Cheddar \$10

Roasted Beef, Cheddar, Romaine, Tomato, Horseradish, Caramelized Onion Mayo

### SALADS

#### Caesar \$9

Romaine, Parmesan, Torn Croutons, Cherry Tomatoes, Caesar Dressing

With Chicken \$12 Salmon \$14

#### Southwest Veggie \$12

Corn, Black Bean, Cherry Tomato, Romaine, Tortilla Crisps, Pepperjack, Chipotle Dressing (Gluten Free)

With Chicken \$13

#### Beet & Goat Cheese \$13

Roasted Beets, Fresh Chevre, Candied Pecan, Orchard Pear, Mixed Greens, Pecan-Honey Mustard Dressing (Gluten Free)

#### Turkey Cheddar \$13

Turkey, Cheddar, Sunflower Seeds, Mixed Greens, Plump Dried Fruit, Green Goddess Dressing (Gluten Free)

#### Superfood \$14

Kale, Napa Cabbage, Quinoa, Blueberry, Almond, Pomegranate Dressing (Vegan, Gluten Free)

#### Mediterranean \$14

Bulgur, Chickpea, Cucumber, Olive, Pepperoncini, Red Onion, Romaine, Feta, Tahini Dressing

#### Chicken Salad & Tender Greens \$13

Roasted Chicken, Grapes, Pecans, Mixed Greens, Pecan-Honey Mustard Dressing (Gluten Free)

#### Farm \$14

Natural Chicken, Leidy's Bacon, Blue Cheese, Carrot, Hard Boiled Egg, Orchard Apples, Country Ranch Dressing (Gluten Free)

#### Salmon Miso \$15

Roasted Scottish Salmon, Kale, Napa Cabbage, Quinoa, Edamame, Radish, Carrot, Cilantro, Lime, Spicy Miso Vinaigrette (Gluten Free)

#### Mandarin Chicken Salad \$14

Chicken, Fried Wontons, Sichuan Cashews, Mandarin Oranges, Carrots, Scallions, Honey Sesame Vinaigrette

### ENTREES

#### Salmon & Spring Farro \$18

Roasted Salmon, Farro, Radish, Green Goddess Dressing, Herbs, Sun Flower Seeds, Goat Cheese, Greek Yogurt

#### Talula's BBQ Chicken \$12

BBQ Chicken, Potato Salad, Mayo, Herbs, Dijon, Pickles, Onion, Worcestershire Sauce, Hot Sauce

#### Chicken Tenders \$9

Breaded Boneless Natural Chicken, Malt Vinegar Aioli

#### Mac and Cheese \$10

Blend of Raclette, Cheddar, and Swiss topped with Bread Crumbs

#### Mediterranean Shrimp & Orzo \$15

Grilled Shrimp, Orzo, Tomato, Cucumber, Fennel, Olive, Chickpea, Onion, Herbs, Red Wine Vinaigrette

#### Sausages and Peppers \$16

Sweet Italian Pork sausage, Bell peppers, Tomato and Herbs. (Gluten Free)

#### Mushroom Risotto \$15

Local Mushroom, Herbs, Parmesan (Gluten Free)

### SIDES

Three Bean Salad \$7

Beet Salad \$8

Spring Farro Salad \$8

Turmeric Cauliflower and Quinoa \$8

House Made Hummus \$7

Curried Chickpea Salad \$7

Spicy Peanut Soba Noodles \$8

Chicken Salad \$7.5

Tuna Salad \$7

Potato Salad \$6

### SOUPS

Talula's Chili \$10

Roasted Tomato \$8

Curried Lentil \$8

Mushroom \$8

Old-Fashioned Hearty Chicken Noodle \$9

### GROCERY

Coffee - La Colombe

Box of Tea - Two Leaves and a Bud

Dry Pasta

Crackers

Jams & Accoutrements

Let us know - we can help!

### PASTRY SPECIALTIES

Baguettes \$4

Croissants \$3.5

Scones \$3

(Blueberry, Healthy Start, Lemon Ginger, Daily Special)

Zucchini Bread - Ultimate & Classic \$3.5/\$3

Rotating Daily Pastry Specials \$3 - \$8

Coconut Rice Pudding (Vegan, Gluten Free) \$7

### CHEESE BOARDS

Personal Picnic \$12

Medium (to Share)\* \$25

\*Please Call Ahead

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness especially if you have certain medical conditions. O41122