

# TALULAS

SWEET · SAVORY · SIMPLE

## daily

Full Menu Available for Call-Ahead Curbside Pick Up, or Delivery Via Doordash, Caviar, and UberEats

208 West Washington Sq.  
Philadelphia, PA 19106  
215.592.6555

### SANDWICHES

#### Italian Deluxe \$9

Soppressata, Pepperoni, Pistachio Mortadella, Provolone, Red Onion, Arugula, Red Wine Vinaigrette

#### California Turkey Club Wrap \$9

Souderton Turkey, Leidy's Bacon, Avocado, Lettuce, Tomato, Spicy Piquillo Mayo, Tortilla Wrap

#### Healthy Turkey \$8.5

Souderton Turkey, Crunchy Apple Slaw, Swiss Cheese, Dijonaise

#### Spicy Ranch Chicken \$9

Natural Chicken, Chipotle Ranch, Pickled Red Onion, Pepper Jack Cheese, Romaine

#### Chicken Salad \$9

Roasted Chicken, Grapes, Onion, Celery, Pecan, Dijonaise, Multi-Grain Ciabatta

#### Tuna Salad \$9

Tuna, Bell Peppers, Melted Onions, Celery, Mayo, Dill, Swiss Cheese, Tomato, Romaine

#### Ham & Brie \$9

Leidy's Ham, French Brie, Lettuce, Fruit Mostarda, Croissant

#### Hummus & Veggie Wrap \$8.5

Roasted Garlic Hummus, Grilled Red Peppers & Zucchini & Eggplant, Spinach, Feta, Tortilla Wrap

#### Chicken Caesar Wrap \$9

Roasted Chicken, Romaine, Tomato, Shaved Red Onion, Crouton, Parmesan, Caesar Dressing

#### Tomato & Mozz \$8.5

Local Heirloom Tomato, Mozzarella Cheese, Arugula, Basil & Pine Nut Pesto, Mayo, Ciabatta Roll

### SALADS

#### Caesar \$8

Romaine, Parmesan, Torn Croutons, Cherry Tomatoes, Caesar Dressing

With Chicken \$10 Salmon \$12

#### Southwest Veggie \$10

Corn, Black Bean, Cherry Tomato, Romaine, Tortilla Crisps, Pepperjack, Chipotle Dressing

With Chicken \$12

#### Turkey Cheddar \$12

Turkey, Cheddar, Pepitas, Mixed Greens, Plump Dried Fruit, Green Goddess Dressing (Gluten Free)

#### Superfood \$12

Kale, Napa Cabbage, Quinoa, Blueberry, Almond, Pomegranate Dressing (Vegan, Gluten Free)

#### Mediterranean \$11

Bulgur, Chickpea, Cucumber, Olive, Pepperoncini, Red Onion, Romaine, Feta, Tahini Dressing

#### Beet & Goat Cheese \$11

Roasted Beets, Fresh Chevre, Candied Pecan, Orchard Pear, Mixed Greens, Pecan-Honey Mustard Dressing (Gluten Free)

#### Chicken Salad & Tender Greens \$11

roasted chicken, grapes, pecans, mixed greens, pecan-honey mustard dressing

#### Farm \$12

Natural Chicken, Leidy's Bacon, Blue Cheese, Carrot, Hard Boiled Egg, Orchard Apples, Country Ranch Dressing (Gluten Free)

#### Salmon Miso \$15

Roasted Scottish Salmon, Kale, Napa Cabbage, Quinoa, Edamame, Radish, Carrot, Cilantro, Lime, Spicy Miso Vinaigrette

#### Vermicelli Noodle Bowl \$10

Rice Noodles, Grilled Chicken, Romaine, Cucumber, Carrots, Peanuts, Vietnamese Inspired Vinaigrette (Gluten Free)

### ENTREES

#### Chicken Enchiladas \$14

Shredded Chicken, Queso Fresco, Cilantro

#### Salmon Filet \$16

Spicy Coconut Curry\*, Seasonal Vegetables  
\*Contains Shellfish

#### Spring Risotto \$13

Asparagus, Peas, Fennel, Leek, Herbs, Parmesan

#### Chicken Tenders \$9

Breaded Boneless Natural Chicken, Malt Vinegar Aioli

#### Mushroom Risotto \$13

Local Mushroom, Herbs, Parmesan

#### Shrimp & Orzo \$12

Grilled Shrimp, Mediterranean Orzo Pasta Salad

#### Soba Noodle & Vegetable Salad \$13

Kale, Cashews, Cucumber, Bell Pepper, Sesame-Ginger Vinaigrette (Vegan)

#### Kung Pao Beef & Broccoli \$16

Searred Beef Tenderloin, Roasted Broccoli, Peanuts, Scallion

### SIDES

Charred Snap Peas \$7

Caesar Pasta Salad \$7

Buffalo Cauliflower \$7

Mac and Cheese \$8

Curried Chickpea Salad \$7

Chicken Salad Side \$7

Tuna Salad Side \$7

### CHEESE BOARDS

Personal Picnic \$12

Medium (to Share)\* \$25

\*Please Call Ahead

### GROCERY

Coffee - La Colombe

Box of Tea - Two Leaves and a Bud

Dry Pasta

Crackers

Jams & Accoutrements

Let us know - we can help!

### PASTRY SPECIALTIES

Baguettes \$4

Croissants \$3.5

Scones \$3

(Blueberry, Healthy Start, Lemon Ginger, Daily Special)

Zucchini Bread - Ultimate & Classic \$3.5/\$3

Rotating Daily Pastry Specials \$3 - \$8

Coconut Rice Pudding (Vegan, Gluten Free) \$7

Chocolate Pudding Cake (Gluten Free) \$5

### SOUPS \$8

Roasted Tomato

Old-Fashioned Hearty Chicken Noodle

Curried Lentil

Carrot & Dill

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness especially if you have certain medical conditions. 032421